### Page 1

# Livingston Parish Public Schools 001 - ALBANY LOWER ELEMENTARY

Dec 2, 2019

K-8 Lunch							
Monday	Tuesday	Wednesday	Thursday	Friday			
Dec - 2  CHICKEN STRIPS  MASHED POTATOES  BROWN GRAVY  ROLL  GREEN PEAS  PEARS, CANNED  LOW FAT CHOCOLATE  MILK  LOW FAT STAWBERRY  MILK  LOWFAT MILK	Dec - 3  SHRIMP POPPERS MACARONI & CHEESE ROLL CARROT CUP RANCH DRESSING STEAMED BROCCOLI PEACHES KETCHUP LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK	Dec - 4  ROAST BEEF WITH GRAVY STEAMED RICE GREEN BEANS SPINACH SALAD SPINACH SALAD NO TOMATO RANCH DRESSING PINEAPPLE TIDBITS National Cookie Day! CHOCOLATE CHIP COOKIE LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK	Dec - 5  FLOUR TORTILLA CHICKEN FAJITA MEAT SHREDDED CHEESE CUP SALSA REFRIED BEANS TACO SALAD CUP FRUIT, JUICE RUSH, SM LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK	Dec - 6  HAMBURGER PATTY CHEESEBURGER HAMBURGER BUN SEASONED FRIES RELISH CUP FRESH FRUIT CUP KETCHUP MAYONNAISE MUSTARD LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK			
Dec - 9  PORK CHOP KETCHUP SALISBURY STEAK MASHED POTATOES BROWN GRAVY BLACK EYE PEAS ROLL FRUIT COCKTAIL LOW FAT CHOCOLATE MILK LOWFAT MILK LOW FAT STAWBERRY MILK	Dec - 10  CHN & SAUSAGE GUMBO STEAMED RICE CRACKERS POTATO SALAD SPINACH SALAD SPINACH SALAD NO TOMATO RANCH DRESSING JAZZY APPLES LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK	Dec - 11  SPAGHETTI MEAT SAUCE PASTA, ROTINI GARLIC ROLL STEAMED CORN CARROT CUP (6-8 GRADE) RANCH DRESSING ORANGE WEDGES LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK	Dec - 12  OVEN FRIED CHICKEN POTATOES, AU'GRATIN ROLL GREEN BEANS BANANA LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK	Dec - 13  ROAST BEEF & CHEESE SUB TURKEY & CHEESE SUB SEASONED FRIES PEACHES National Ice Cream Day! ICE CREAM, CANDY CANE KETCHUP MAYONNAISE MUSTARD LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK BROWN GRAVY			
Dec - 16  TORTILLA CHIPS QUESO TACO MEAT SALSA REFRIED BEANS SATSUMA LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK	Dec - 17  BREADED CHICKEN PATTY HAMBURGER BUN CRINKLE FRIES PEARS, CANNED KETCHUP MAYONNAISE MUSTARD LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK	Dec - 18  JAMBALAYA GARLIC ROLL BROCCOLI & CHEESE SPINACH SALAD SPINACH SALAD NO TOMATO RANCH DRESSING PINEAPPLE TIDBITS LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK	Dec - 19  CHICKEN NUGGETS BBQ SAUCE MASHED POTATOES ROLL GREEN BEANS FRUIT COCKTAIL LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK	Dec - 20  LUNCH KIT, PEPPERONI PIZZA LUNCH KIT, TURKEY & CHEESE SANDWICH, BUN, TURKEY & CHE CARROT CUP RANCH DRESSING PLAN CURRENT INVENTORY FRUIT, FRESH CRAISINS, CHOICE SOUR RAISELS JUICE, PARADISE PUNCH, 4.23 LOW FAT CHOCOLATE MILK LOW FAT STAWBERRY MILK LOWFAT MILK			

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.

### Page 2

## Livingston Parish Public Schools 001 - ALBANY LOWER ELEMENTARY

Dec 2, 2019

#### K-8 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 23	Dec - 24	Dec - 25	Dec - 26	Dec - 27
NO SCHOOL TODAY				
Dec - 30	Dec - 31			
NO SCHOOL TODAY	NO SCHOOL TODAY			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.